



MARK YOUR CALENDAR

September

- 2 Labor Day — Campus Closed
- 6 Second Harvest Delivery
Fall Fun Fest — Noon Closing
- 8 *The Table* — Worship Service
- 13-15 *Synergy* (rescheduled)
- 19 YAH Luncheon

**Labor Day and
Fall Fun Fest Office Hours**

FUMC will be closed Monday, September 2, for the Labor Day holiday. The office will also be closed at noon on Friday, September 6 for Fall Fun Fest.

Food Pantry Wish List

Please consider adding these items to your grocery shopping list so we may help provide needed items to our friends and neighbors:

- Diapers (newborn size), bath soap, small tomato sauce
- Grocery bags that are clean and flattened, plastic newspaper sleeves

Sunday Services

Worship Service:
8:30, 10:55, and 11:00 a.m.
9:45 a.m. Sunday School
10:55 a.m. Service Broadcast on
WATX-AM 1600

Nursery Available

Sunday Worship and Sunday
School: 8:15 a.m. to 12:15 p.m.
Children ages birth to 4 years

Phone: 931-526-2177
Fax: 931-372-9905
Email: office@cookevillefume.org
www.cookevillefume.org

FROM OUR SENIOR PASTOR

On Wednesday nights, I have been leading a parenting class. My preparations for teaching have led me to read a number of books. One book is by Dr. Angela Duckworth, titled *Grit*. She tells of becoming involved in a research project at West Point. Over 14,000 top students apply each year. Each one requires a recommendation from a member of Congress, a senator, or the Vice President of the United States. Two thousand-five hundred students are ultimately admitted each year into the prestigious academic and military leadership academy. Needless to say, West Point screens their candidates very closely. Each applicant receives a Whole Candidate Score. It is an indication of their talent in cognitive and leadership potential. It is the primary basis for admission.

With such highly capable students, West Point has encountered a growing issue. In the first seven weeks at West Point, all new students must complete what is referred to as *The Beast*. It is like boot camp on steroids. The issue is some of the most promising students with extraordinarily high Whole Candidate scores drop out of the program within the first two months. What West Point discovered is that the Whole Candidate Score measures talent and potential. It does not measure character.

Dr. Duckworth and her associates designed a different assessment they call GRIT. It measures talent combined with effort, drive, determination, and resilience. In early testing at West Point, school officials have learned that a GRIT score more accurately predicts those who will make it through *The Beast* and successfully complete their education at West Point. The GRIT test proved to be more accurate in predicting success at West Point than the Whole Candidate Score that measured talent alone.

In thinking about our life and faith journey, talent can carry us forward for a long way and in many exciting ways. Yet, how do we measure the content of our heart and soul? If we think about Christian discipleship, maybe two factors influence how well we will follow Jesus. I like to call the two factors -- grace and grit.

As I shared in a recent sermon, Dallas Willard defines grace as “God’s continual loving action in our lives.” Grace builds into our character an enduring sense of belonging to God and being beloved. With that core inner strength as the gift of God, we can develop the capacity to have grit, expressed as perseverance, patience, hope, resilience and endurance in life and in faith. As we share life in Christ and grow in grace and faith, may we become mature disciples—with both grace and grit.

Kevin

BY OUR PRESENCE

Sunday, August 18, 2019

Total Worship Attendance: 449

Sunday, August 25, 2019

Total Worship Attendance: 441

BY OUR GIFTS

Sunday, August 18, 2019

Budget fund receipts \$15,437,350

Building fund receipts \$485.00

Sunday, August 25, 2019

Budget fund receipts \$26,221.70

Building fund receipts \$595.00

THANK YOU ELLIE BATSON!



A big shout out to Ellie Batson, who generously donated her time and talent to creating the art work that graces the walls of our new nursery in The Freeman Building. The new nursery is on the second floor, directly to the left as you exit the stairwell. This should be a big help to parents of young children who want to attend WNL classes.

WNL Dinners Have Resumed

Make your dinner reservations TODAY by calling the church office at 526-2177, emailing us at office@cookevillefumc.org, or online at www.cookevillefumc.org. Reservations must be made no later than noon on the Monday prior to the dinner.

September 4: Baked ham, macaroni and cheese, Black Eyed Peas, salad, rolls, cherry cobbler

September 11: BBQ chicken, hashbrown casserole, salad, rolls, banana cake (no nuts)

Baby Shower Invitation



The United Methodist Women will sponsor a church-wide baby shower for Jessie and Adam Daniels on Sunday, September 22, during the Sunday School hour in the Christian

Life Center. They are registered at Walmart and Amazon. All are welcome.

Time Change for

Second Harvest Truck Deliveries

Please join us on September 6, 9 a.m. in the Wesley Chapel parking lot, to help unload our monthly Second Harvest order. Help us serve our community and become part of God's Grace Food Pantry. Contact Tamika Parker at 526-2177 for more information.

SYNERGY RESCHEDULING

Due to the rescheduling of the CHS/Upperman football game, we are rescheduling the SYNERGY retreat to September 13-15. We understand that no solution is convenient to everyone, but we believe this is the best option for reasons of safety (our chaperones were affected by the game change as well, and back and forth drivers provide more opportunity for incident), and community (over half our students would be affected by this in some way and have to make a choice).

Next week, we will create a NEW SIGN UP list that allows you to let us know if you will need to ride the late bus so we can plan transportation. Thank you for your understanding. Feel free to contact Adam with any questions you have at 931-808-8604, addaniels7@gmail.com.

WESLEY FOUNDATION MEALS



TTU classes begin soon, and so does our meal ministry to our TTU Wesley Foundation! We provide meals to TTU students at Wesley on Sunday evenings. This is a special, casual, and comfortable gathering time for the students and staff to enjoy a free meal together before their school week begins. We need volunteer groups or individuals to cook a meal for approximately 60 (it really isn't so hard!) on a Sunday evening at 6 p.m. Meals will begin September 8 after Labor Day. If you would like to provide a meal, contact Tracy Epps at 265-5536 or thepps1@charter.net. Please also remember to pray for the students and Wesley staff as they begin their semester. Our Wesley Foundation is a vibrant ministry and it is so wonderful to help support them!

VOLUNTEERS NEEDED FOR FALL FUN FEST BOOTH

On September 7, the Children and Families of FUMC are invited to participate and volunteer at our Stations of Imagination booth. This year's theme is a celebration *Happy 50th Birthday Sesame Street*.

We need a crew! In order to be part of this wonderful annual community event, we will need volunteers in shifts. Sign up to volunteer to have fun with games and play at our CFUMC Station of Imagination booth. To volunteer or for more information, contact Shannon at children@cookevillefumc.org, or call the church office at 526-2177.



For updated information, please visit us online at www.cookevillefumc.org or find us on Facebook and Twitter.

CONGREGATIONAL PRAYER CONCERNS

Travis Anderson	Bob Jones
Vivian Barnes	Ann Kellman
Janey Bassett	Linda Kellman
Bob Blair	Nancy Kellman
Robert Buck	Mary Byrd King
Julie Burns	Mike Lee
Savannah Lynn Caylor	Karen Macke
Faye Curry	Pat Maxwell
Jackie Donaldson	Brittany McCloud
Delaney Duncan	Paul McLendon
Hazel Dyer	Larry Norton
Kurt Eisen	Winnie Peterson
Brian Lee Foster	Margaret Phipps
Elaine Funk	Rob Poteet
Mary Garrison	Pam Raines
Nate Griffis	Pat Rodgers
Joe Hix	Mary Jo Rogers
Faith Holdredge	Sarah Stockton
Nancy Hutson	
Alma Jean Johnson	

Sympathy and Prayer

Jason Hale, on the death of his grandmother.

Missionaries

Eric and Liz Soard

WELCOME TO OUR NEW MEMBERS



Please join us in welcoming Mike and Sarah Gregory, and children Anna and Katherine Gregory, and Nadia Difurio.

BEST OF THE HOLY LAND TOUR UPDATE

We are pleased to announce that not only have our plans for the Holy Land in March been confirmed, but we will also enjoy our own private bus along with the tour guide, F. J., whom we requested. We currently have 8 hotel rooms still available. We would love for anyone who is interested to join us. A \$600.00 deposit will reserve your space. For more information, you can either go online at <https://adobe.ly/2C5T4LO>, or stop by the church office to pick up a brochure, or contact Pam or Bob Blair at 931-372-8828.

CHURCH EVENTS CALENDAR

Sunday, September 1

8:30 a.m. Worship Service — Sanctuary
9:45 a.m. Sunday School — Class Rooms
10:55 a.m. Worship Service — Sanctuary
4:00 p.m. Youth Praise Band — Wesley Chapel
6:00 p.m. Wesley Foundation Meal — Wesley Foundation, TTU

Monday, September 2— Labor Day, Campus Closed

Tuesday, September 3

9:00 a.m. Prayer Team — Jenkins Chapel
9:15 a.m. Early Childhood Music Class — C206B
10:00 a.m. Anna Rebecca Circle — Parlor
2:00 p.m. Cookeville Dulcimer Society — B214
2:30 p.m. Food Pantry — Wesley Chapel
5:15 p.m. Staff Parish Meeting — B213

Wednesday, September 4

6:00 a.m. Men's Group — C112
9:00 a.m. Hope Academy Parent/Teacher Conferences
9:15 a.m. Early Childhood Music Class — C206B
9:30 a.m. GriefShare — Magnolia House
10:00 a.m. Playtime for Preschoolers — Gym
3:00 p.m. Contemplative Prayer — B214
3:30 p.m. Knitting — B206
4:00 p.m. Choir Club — Music Suite
5:00 p.m. Wednesday Night Life Meal — Christian Life Center
5:30 p.m. Intergenerational Handbell Choir — Music Suite
6:00 p.m. Confirmation Refresher — B012
Disciple I — B017
Gideon — B206
Outcome Parenting — B214
Spiritual Disciplines — B213
The Good and Beautiful God — B210
Youth Choir — Music Suite
7:15 p.m. Chancel Choir — Music Suite

Thursday, September 5

9:15 a.m. Early Childhood Music Class — C206B
1:00 p.m. *The Good and Beautiful God* — B213
1:30 p.m. Jubilee Ringers — Sanctuary
3:00 p.m. Chair Yoga — Gym
4:45 p.m. Sanctuary Ringers — Sanctuary
5:45 p.m. Evening Ensemble — Music Suite
6:30 p.m. Gospel Ensemble — Music Suite

Friday, September 6 — Fall Fun Fest, Campus Closes at Noon

8:00 a.m. Dipsy Doodle Men's Breakfast — Dipsy Doodle Restaurant
9:00 a.m. Second Harvest Delivery — Wesley Chapel Parking Lot
10:00 a.m. *I'll Have It God's Way* — B213

Saturday, September 7

10:00 a.m. GriefShare — Magnolia House



First United
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Cookeville, TN 38501

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FIND YOUR PLACE HERE.

Sundays, 6 p.m. in Wesley Chapel

September 8, 15, and 22

www.cookevillefumc.org or call 526-2177

Open hearts. Open minds. Open Doors. The people of The United Methodist Church.

YOUTH EVENTS

- September 6-7: Fall Fun Fest
- September 8: Nashville Shores
- September 13-15: Synergy
- November 8: Lock In
- December 7: Breakfast with Santa
- December 15: Youth Christmas Party

FUMC KIDS EVENTS

- August 31: Cumberland County Playhouse
- September 7: FUMC Station at Fall Fun Fest
- September 15: Club 456 Outing — Picnic in the Park
- September 29: Children's Sabbath
- October 19: Haunted Half Cheering and Water Station
- October 27: Pumpkin Caroling

SEPTEMBER BACKSLIDERS SPEAKERS

- September 1: John Lee
- September 8: Dave Thomas
- September 15: The Webb Sisters
- September 22: Howie Acuff
- September 29: Kathy Conrad

ADVENTURES IN LIFELONG LEARNING

Coming soon! ALL (Adventures in Lifelong Learning), a new outreach ministry from FUMC and sponsored by the Senior Adult Ministry. ALL will begin October 15 and run through November 14. Watch for more information soon!

YOUNG AT HEART LUNCHEON

Thursday, September 19, 11 a.m. in Jeff Wall Hall. *Allergies... What's New, What's Tried & What's True*, presented by Dr. Erin Rohman, Board certified allergist and immunologist at The Allergy Asthma and Sinus Center. Understand how to determine if your symptoms are related to allergies, when it's safe to treat yourself, and when you need to seek medical attention. Cost: \$5. Make reservations by Tuesday, September 17 at 526-2177.

SEPTEMBER SERMON SCHEDULE:

LIVING THE STORY OF GRACE, BY DR. KEVIN CONRAD

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|------|-------------------------|---|
| 8th | Hebrews 10: 23-25 | <i>The Grace of Gathering</i> |
| 15th | I Peter 4: 8-10 | <i>Extending the Grace of Extravagant Welcoming</i> |
| 22nd | Psalm 96: 1-9 | <i>Grace and Response: Becoming Doxology People</i> |
| 29th | Ephesians 4: 1-7; 11-13 | <i>Growing in Grace Toward Maturity</i> |

GRIEF SHARE NEWS

For those who are mourning the loss of a loved one, a new GriefShare group will begin on Saturday, September 7 at Magnolia House. This group meets from 10 a.m. until noon each Saturday for 13 weeks. Contact Robert Jager at 644-2435 for more information.